



A U S T R A L I A N NAPPY ASSOCIATION

growing cloth nappy use. together

Cloth nappies made simple with our easy 5 step wash routine!

1. Flush

Flush solids into the toilet.

2. Store

Give the nappy a quick hand rinse under the laundry tap before storing in a dry nappy bucket. This will minimise staining, cut down on smell and stop potential fabric damage from acidic wee.

3. Pre-rinse

Once you have enough nappies for a wash, run your load through a warm pre-rinse cycle in the machine. This gets rid of any excess urine or soiling before the wash cycle.

4. Wash

Put your nappies through a normal/long wash cycle up to 60°C, with the amount of detergent recommended by the detergent manufacturer for your load size and water level.

5. Dry

Line dry for best results or tumble dry according to manufacturer's directions.



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HANDY TIPS

- Be sure to pre-wash your nappies once in warm water before use. The first few times you use your nappies you may need to change more frequently until they reach full absorbency. This can take up to 6 washes. Soaking overnight in fresh water before the first pre-wash can speed up this process.
- We recommend washing your nappies at least every second day. Washing regularly helps to prevent bacteria from building up, mould from developing and fabric from deteriorating.
- If using barrier creams, ensure you use a liner to protect your nappy fabric. Cream can become clogged in your nappy and cause it to repel urine and leak! You can use reusable or disposable liners.
- Front loaders use less water than top loaders. If using a front loader, you may need to run your nappies through an extra rinse to ensure they are properly cleaned.
- If you own nappies that contain elastic, be sure to hang these horizontally across the line to prevent drag on the elastic.
- Never use bleach or soakers, including Napisan, as they will compromise the waterproofing, elastic and bamboo in your nappies, can cause rashes and will void your warranty.
- Never use fabric softener or vinegar on your nappies. Fabric softener coats the fibres of the fabric, causing them to repel. Vinegar may cause breakdown of the components of your nappy.
- If the weather is very hot, be sure to hang your nappies in the shade or inside. Just as tumble drying at high temperatures reduces the lifespan of your nappy components, so too does drying outside in high heat.

For further information and specific troubleshooting guides, please visit our website.

www.australiannappyassociation.org.au